Abstract of Disclosure

To increase the amount of open air's introduction, have satisfactory good design and operability of a helmet. There are provided a plurality of turning center points of at least two or more during an opening or closing operation of the turning opening or closing member, any one of or more of these turning center points are set outside the operating mechanism and the turning center points are switched over during the turning operation from the closed state to the opened state of the turning opening or closing member.